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## Real sleep test results from OAT.

*Two patients. Oral appliance therapy. The numbers your sleep physician already looks at — oxygen and REM sleep.*

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REM SLEEP · CASE 01

**6% → 31%**

*of total sleep time*

REM SLEEP · CASE 02

**2% → 30%**

*of total sleep time*

TIME BELOW 90% O<sub>2</sub>

**~~96 min~~ → 35 min**

*overnight · case 01*

DOWNEY, CALIFORNIA

MASK-FREE SLEEP APNEA THERAPY

CASE 01

# Severe sleep apnea, **controlled.**

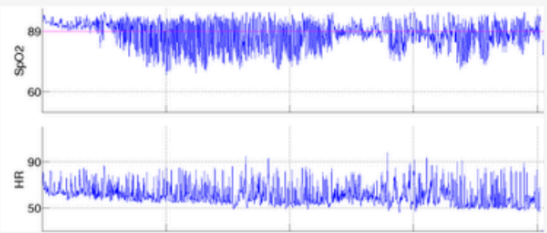
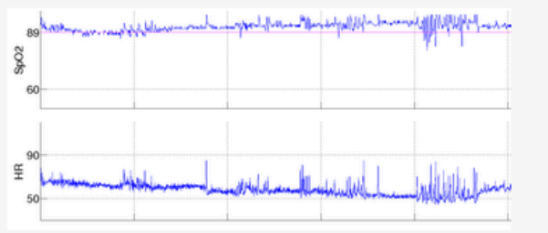
<p>REM SLEEP</p> <p><b>6.4% → 30.5%</b> of total sleep time</p>	<p>TIME &lt; 80% O<sub>2</sub></p> <p><b>20 min → 0 min</b> overnight</p>	<p>AHI EVENTS/HR</p> <p><b>108 → 14</b> severe → mild</p>
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AHI + Sleep Architecture

REM minutes shown in the table

## Case 1: Before OAT Treatment vs. After Treatment

Apnea Hypopnea Index (AHI)	108.1 (#/hr)	Apnea Hypopnea Index (AHI)	13.5 (#/hr)
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	CA	OA	MA	H	A+H
<b>TST</b> 171.5 min.   56.4% of TIB	0	73.8	0	34.3	108.1
<b>NREM</b> 160.5 min.   93.6% of TST	0	69.5	0	35.9	105.4
<b>REM</b> 11min.   6.4% of TST	0	136.4	0	10.9	147.3

	CA	OA	MA	H	A+H
<b>TST</b> 209.5 min.   51.7% of TIB	0	0.3	0	13.2	13.5
<b>NREM</b> 145.5 min.   69.5% of TST	0	0.4	0	9.1	9.5
<b>REM</b> 64min.   30.5% of TST	0	0	0	22.5	22.5

O<sub>2</sub> Saturation — time spent below threshold

Lower = more dangerous · "0 min" = no desaturation events

## O<sub>2</sub> Sat. Before Treatment vs. After Treatment

<95%	152.5 min.	<95%	196.6 min.
<90%	96.5 min.	<90%	34.5 min.
<85%	43.5 min.	<85%	0 min.
<80%	19.9 min.	<80%	0 min.
<75%	4.3 min.	<75%	0 min.
<70%	0.2 min.	<70%	0 min.

CASE 02

# Different patient. Same direction.

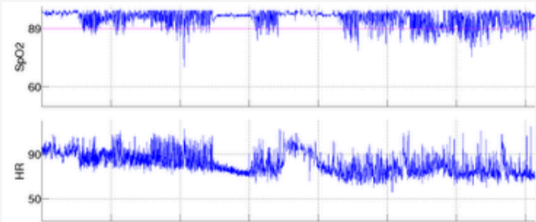
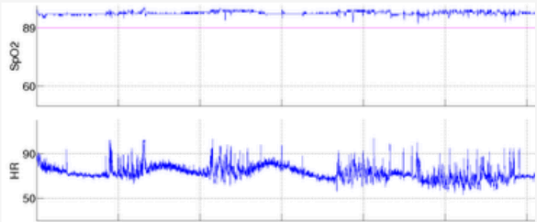
<p>REM SLEEP</p> <p>2.3% → 29.8%</p> <p><i>of total sleep time</i></p>	<p>TIME &lt; 90% O<sub>2</sub></p> <p>46 min → 0 min</p> <p><i>overnight</i></p>	<p>AHI EVENTS/HR</p> <p>60 → 5</p> <p><i>severe → normal</i></p>
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AHI + Sleep Architecture

REM minutes shown in the table

## Case 2: Before OAT Treatment vs. After Treatment

Apnea Hypopnea Index (AHI)	60.5 (#/hr)	Apnea Hypopnea Index (AHI)	4.7 (#/hr)
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	CA	OA	MA	H	A+H
<b>TST</b>					
393.5 min.   74 % of TIB	0	41.8	0	18.8	60.5
<b>NREM</b>					
384.5 min.   97.7% of TST	0	41	0	18.1	59.1
<b>REM</b>					
9min.   2.3% of TST	0	73.3	0	46.7	120

	CA	OA	MA	H	A+H
<b>TST</b>					
458.5 min.   96 % of TIB	0	1.7	0	3	4.7
<b>NREM</b>					
322 min.   70.2% of TST	0	1.1	0	2.2	3.4
<b>REM</b>					
136.5min.   29.8% of TST	0	3.1	0	4.8	7.9

O<sub>2</sub> Saturation — time spent below threshold

Lower = more dangerous · "0 min" = no desaturation events

## O<sub>2</sub> Sat. Before Treatment vs. After Treatment

<95%	147.1 min.	<95%	3.5 min.
<90%	46.3 min.	<90%	0 min.
<85%	7.5 min.	<85%	0 min.
<80%	0.8 min.	<80%	0 min.
<75%	0.2 min.	<75%	0 min.
<70%		<70%	



# Want results like **these?**

Three paths in — two for patients, one for referring physicians. All lead to a clinical conversation about whether oral appliance therapy fits your case.

## PATIENT · ALREADY TESTED

### Sleep test results review

Send us your existing sleep study. We'll review AHI, oxygen profile, and REM data, and walk you through whether OAT is a fit.

[wakewellnow.com/book-test-review](http://wakewellnow.com/book-test-review)

## PATIENT · NOT YET TESTED

### At-home sleep test

2-night home sleep test. Read by a board-certified sleep physician. Report in 5 business days. DOT and CDL ready.

[wakewellnow.com/home-sleep-test](http://wakewellnow.com/home-sleep-test)

## FOR REFERRING PHYSICIANS

### Send a digital prescription.

Refer a patient in under two minutes. Submit patient info + your prescription online — we handle scheduling, testing, and follow-up. You get clear reports back with treatment plan and progress.

[wakewellnow.com/physicians](http://wakewellnow.com/physicians)



SCAN TO REFER

## VISIT

Wakewell Sleep Solutions  
Downey, California  
[wakewellnow.com](http://wakewellnow.com)

*Transform your sleep,  
transform your life.*